



PSHE Policy (inc. Relationships & Sex Ed)

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CP/0007	4	6	Rachel Douse	Approved

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Contents List

1	Policy statement.....	3
2	Aims of PSHE and Citizenship.....	3
2.1	<i>British values</i>	3
2.2	<i>Statement of values for RSE</i>	3
3	Teaching and learning styles.....	4
4	PSHE and Citizenship curriculum planning	4
5	Foundation Stage.....	4
6	Teaching PSHE and Citizenship to children with special needs.....	4
7	Child protection and safeguarding	5
8	Confidentiality	5
9	Assessment and recording	5
10	Monitoring and review	5
11	Implementation.....	5
12	RSE (Relationship and Sex Education including Sexual Health)	6
13	Partnerships with parents	6

Document history

- Issue 1: This is a new policy written in February 2009
- Issue 2: This is the original policy with some minor alterations
- Issue 3: This policy has had a complete rewrite in October 2012
- Issue 4: This policy has had another complete rewrite in July 2017

1 Policy statement

The National Curriculum Framework (2013) and the non-statutory guidance for PSHE Education (2013) state specifically that schools should make provision for PSHE within their school curriculum.

At Hollingworth Primary School, Personal, Social, Health and Economic Education and Citizenship enable our children to become healthy, independent and responsible members of society. Our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We provide opportunities for them to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society.

2 Aims of PSHE and Citizenship

Our aims are to enable children:

- To recognise their own worth
- To develop positive relationships and respect for others
- To understand our common humanity, diversity and differences
- To know and understand what constitutes a healthy lifestyle
- To develop safety awareness
- To be positive and active members of a democratic society
- To develop self-confidence and self-esteem and make informed choices regarding personal and social choices
- To form good relationships with other members of the school and wider community

2.1 British values

We received new guidance from the DfE in 2015 around British values in school. The guidance on British Values instructs schools that we must promote respect and tolerance in pupils for all faiths, races, backgrounds and cultures. We have a duty to ensure that we do not place religious laws ahead of the British judicial system or teach anything that undermines the rule of English civil and criminal law.

Every school has to follow the aims of the Equality Act 2010:

- To eliminate unlawful discrimination
- To advance equal opportunity to all females and males
- To foster good relations between people

2.2 Statement of values for RSE

In maintained schools elements of sex education are a statutory part of the National

Curriculum science. Government guidance (2000) strongly recommends a broader programme of sex and relationships education (SRE) as part of PSHE education. Governors of maintained schools and academies are required in law to give 'due regard to this guidance'. The content of this broader programme is decided by each school and constructed within the governing body's SRE policy.

Maintained primary schools are legally obliged to have an up-to-date SRE policy that describes the content and organisation of SRE taught outside the science curriculum.

3 Teaching and learning styles

We use a range of teaching styles, including the children in activities such as discussions, role play, games, investigations and problem solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, running lunchtime clubs. We organise classes in such a way that pupils are able to participate in discussions to resolve conflicts or behaviour. Children have opportunities to meet and work with members of the community, such as health workers, fire fighters, police and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community. Children take on different roles of responsibility during their school life, e.g. as learning leader.

Children receive their legal entitlement to every subject of the National Curriculum. We expect girls and boys to attend all trips which enhance their learning in school. The school is committed to the provision of PSHE and citizenship of all its pupils. Our programme aims to respond to the diversity of children's cultures, faiths and family backgrounds.

4 PSHE and Citizenship curriculum planning

We teach PSHE and Citizenship in a variety of ways. Some of the objectives are covered in dedicated PSHE times. Many of the objectives are covered through other areas of the school's curriculum e.g. R.E., assemblies, science. We also develop PSHE through activities and whole school events e.g. Pupil voice, where the school representatives from each class meet regularly to discuss school matters.

5 Foundation Stage

We teach PSHE and Citizenship in the Foundation Stage as an integral part of the topic work covered during the year. We relate the PSHE and Citizenship aspect of the children's work to the areas set out in the Foundation Stage guidance to develop a child's Personal, Emotional and Social Development and Physical Development. We also support Citizenship education in the foundation stage through other areas of learning such as Understanding the World, Communication and Language and Literacy.

6 Teaching PSHE and Citizenship to children with special needs

At Hollingworth Primary School, we teach PSHE and Citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children, including those

who have learning difficulties. When teaching PSHE and Citizenship we take into account the targets set for the children in their Personalised Learning Plans.

7 Child protection and safeguarding

The school has a Child Protection and Safeguarding Policy and clear procedures for its implementation. Effective PSHE and Citizenship may bring about disclosures of Child protection issues. All staff are made aware of the procedures for reporting their concerns to the designated officer for safeguarding, the Headteacher.

8 Confidentiality

Those members of staff concerned should maintain confidentiality and issues should not be discussed with other staff or adults unless the need arises, for the child's safety and security. Staff should not offer or guarantee pupils unconditional confidentiality and must follow school procedures – Safeguarding Policy, for reporting their concerns in the event that a child makes a disclosure to them.

9 Assessment and recording

PSHE and Citizenship at Hollingworth Primary aims to develop children's knowledge, understanding and skills, linked to the SMSC and creative curriculum. The Foundation Stage use their ongoing learning journeys and record keeping to assist them in making judgements against the following strands in the EYFS curriculum; Self Confidence & Self –Awareness, Managing Feelings and Behaviour, Making Relationships, Health and Self- Care and People and Communities.

10 Monitoring and review

The PSHE and Citizenship Co-ordinator is responsible for monitoring the quality of teaching and standards of work through discussions with colleagues, scrutiny of planning and work, lesson observations and discussions with pupils. This person supports colleagues in the planning of PSHE and Citizenship, by giving them information about current developments in the subject. Strengths and weaknesses in the subject and areas for further development are discussed with the head teacher and colleagues and feedback is given as appropriate.

11 Implementation

We are committed to promoting and developing the social and emotional aspects of learning and this is done at Hollingworth Primary through PSHE, RE and topic lessons, following the Chris Quigley Essentials creative curriculum.

12 RSE (Relationship and Sex Education including Sexual Health)

'If sex and relationship education is established within the context of personal, social and health education (PSHE) at primary level, as children reach puberty they will know and understand that they will change and develop, and will have confidence in managing the physical and emotional changes' (SRE Guidance 2000, DfEE).

RSE is included in the teaching of PSHE:-

The purpose of school RSE is located within a broader, carefully planned programme of personal, social, health and economic (PSHE) education, is gradually and appropriately to prepare children and young people for adult life and positive healthy relationships. It supports them through their physical, emotional and moral development and helps them to understand themselves, respect others and sustain healthy relationships of all kinds.

RSE contributes to the foundation of PSHE Education and Citizenship by ensuring that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are able to name parts of their body and describe how their bodies work
- Are prepared for puberty
- Can protect themselves and ask for help and support
- Understand the pressures and outside influences that may influence their behaviour and develop skills in dealing with these
- Understand how different types of contraception work
- Understand the diversity of relationships that exist in society, promoting equality and respect

RSE will:

- Provide information that is easy to understand and relevant and appropriate to the age and maturity of the children
- Include the development of communication and social skills
- Encourage the exploration and clarification of values and development of positive attitudes

13 Partnerships with parents

- Parents of children in Upper Key Stage 2 are offered a meeting with class teachers to discuss the content of the Sex and Relationships education for older pupils and to view the contents of DVDs to be seen by the children. From Reception to Year 4 teachers will discuss the content of relationships education within PSHE education and the content of science and health within the teaching of the science curriculum.
- In the event of parents having continuing concerns, the Headteacher and/or class teacher will meet with them for further discussions.
- Parents are entitled to withdraw their child from non-National Curriculum RSE. However, school will always strive to work with parents to allay their concerns and to try and meet the needs of all families in line with our inclusive ethos.