

Coming Up At Reform Radio

Please note: All of our workshops and projects are currently being completed online via ZOOM.

Facilitation Training - This is a two-part workshop with part one on the **5th February** and **part two on the 12th February**.

This is a training program for people who want to learn more about facilitation, project planning, funding, evaluation, working with partners, and developing creative social action projects. If you would like to get into project leading or youth work this workshop is a great place to start. We've attached the flyer, "Facilitation" for more information.

Get Started with Podcasting - This Get Started course consists of developing podcasting, audio, and employability skills that are transferable. Throughout the week-long project, we'll be looking at audio production, sound production, and a variety of other skills needed to be able to host and create your very own podcast. At the end of the week, you will have produced a full one-hour podcast that will air on Reform Radio on Friday afternoon, which will leave you with some content that you can be proud of and share with others. Get Started With Podcasting takes place from 15th-21st February from 10:00 - 16:00. Please be aware that there is also a taster session on Thursday 11th February from 12:30 - 14:30, to get to meet the facilitators and discuss the course.

Work Club - Work Club runs on the last Thursday of every month with a full session based on opportunities for the future. It includes a number of speakers who discuss various opportunities available, as well as 1-1s and pastoral sessions, are also available. Our pastoral team also runs a clinic every Wednesday to support young people in their next steps to getting their job. This includes CVs, applications, interviews, etc, and will help you whilst you're looking for a new role. The next session is on **Thursday, 25th February from 15:30 - 17:30**.

Web-being - Web-being sessions run weekly, hosted by Dan, our wellbeing manager. The aims of the sessions are to provide you with the skills needed to maintain and improve your wellbeing, especially while being online. The topics vary week-by-week and this next session is 'Skilling Time'. It is about how to make the best of time by improving focus, motivation, coping / organisational skills and general well-being. The sessions are highly interactive but there is no pressure to share or speak if you prefer not to. The sessions are **1-3pm every Tuesday** (however, our next session will be on **23rd February**).

BuddyLine - BuddyLine is a series of intergenerational telephone conversations between people from the Sonder Radio Community, (our sister station that uses radio to overcome isolation and loneliness in the over 60s) and the Reform Radio Community of young adults under 30. Taking advantage of the technology available to us, the conversations will be recorded from each of their homes during isolation. Through these honest conversations, our listeners enter into an intimate and genuine meeting between two people who would not otherwise interact in everyday society. We will match people, who will share their stories enlightening both the listeners and each other. They will demonstrate that isolation does not have to be isolating and that they can create long-lasting friendships. Participants will be committed to a week-long training learning different transferable communication skills such as storytelling, active listening, and radio presenting. As well as the technology side of radio with the responsibility of recording, producing, and editing these calls into radio shows that will get played weekly on sonderradio.com. This project starts on **23rd February**.