

Design and Technology content -

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<u>Textiles</u> Running stitch			<u>Cooking and Nutrition</u> Where food comes from Prepare dishes - chopping	<u>Structures and Mechanisms</u> Mechanisms	
Year 2		<u>Textiles</u> Running stitch		<u>Structures and Mechanisms</u> Structures		<u>Cooking and nutrition</u> Where food comes from Prepare dishes Skills: peeling, grating
Year 3		<u>Textiles</u> Over sewing		<u>Cooking and nutrition</u> Healthy eating Prepare and cook savoury dishes - kneading Seasonality		<u>Structure and Mechanism</u> Structures
Year 4		<u>Textiles</u> Cross stitch		<u>Cooking and nutrition</u> Healthy eating Prepare and cook savoury dishes - fry Seasonality		<u>Structure and Mechanism</u> Electrical mechanisms
Year 5		<u>Structure and Mechanism</u> Mechanisms		<u>Textiles</u> Blanket stitch	<u>Cooking and nutrition</u> Healthy eating Prepare and cook savoury dishes - drain and mash Seasonality	
Year 6	<u>Cooking and nutrition</u> Healthy eating Prepare and cook savoury dishes - melt, simmer and boil Seasonality		<u>Textiles</u> Back stitch		<u>Structure and Mechanism</u> Mechanisms	